

Curriculum Vitae



Personal Information:

First name: Alireza

Sure name: Shamsi

Department: Psychosomatic

Hospital: Ayatollah Taleghani

School: Medicine

University: Shahid Beheshti University of Medical Sciences, Tehran, Iran

Academic rank: Assistant Professor

Work address: Psychosomatic ward, Ayatollah Taleghani hospital, Shahid Chamran Highway, Yaman Street, Arabi Avenue, Tehran, Iran, Postal Code: 1985711151, Tel: +98 21 23031357

Email: ar.shamsi@sbmu.ac.ir

Birth date: 19/01/1980

Birth place: Mashhad, Iran

Marital status: Married

Education:

2015 - 2017: Psychosomatic fellowship course at Shahid Beheshti University of Medical Sciences, Tehran, Iran

2008 - 2012: Psychiatric resident at Shahid Beheshti University of Medical Sciences, Tehran, Iran

1998 - 2005: Medical student and internship at Mashhad University of Medical Sciences, Mashhad, Iran

Work Experience:

2018 – Present: Assistant Professor of Psychosomatic, School of Medicine, Shahid Beheshti University of Medical Sciences, Tehran, Iran

2018 – Present: A member of Psychotherapy Committee in Psychiatry Department, School of Medicine, Shahid Beheshti University of Medical Sciences, Tehran, Iran

2016 – Present: A member of Iranian Psychosomatic Association

2013 – Present: A member of Iranian Psychiatric Association

2013-2015: Educational Administrator for Psychiatry Residency Training, Zahedan University of Medical Sciences, Zahedan, Iran

2012 – 2015: Assistant Professor of Psychiatry, School of Medicine, Zahedan University of Medical Sciences, Zahedan, Iran

2012 – 2015: Peer reviewer for Articles of “International Journal of High Risk Behaviors and Addiction”, Zahedan University of Medical Sciences, Zahedan, Iran

Certifications:

2014: A four-day workshop on “Training on Group Dynamics, Group Counseling and Human System”, United Nations Office on Drugs and Crime (UNODC), Tehran, Iran

2014: A one-day workshop on “Transference Focused Psychotherapy (TFP)”, Iranian Psychiatric Association, Tehran, Iran

2011: A two-week workshop on “Treatment of Opium Dependency Using Agonist Drugs”, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran

2011: A one-day workshop on “Psychoeducation for Psychiatric Patient”, Shahid Beheshti University of Medical Sciences, Tehran, Iran

2011: A one-day workshop on “Dialectical Behavioral Therapy (DBT) for Borderline Personality Disorder”, Iranian Psychiatric Association, Tehran, Iran

2011: A one-day workshop on “Cognitive Behavioral Therapy (CBT) for Obsessive Compulsive Disorder”, Iranian Psychiatric Association, Tehran, Iran

2011: A one-day workshop on “Couple Therapy”, Iranian Psychiatric Association, Tehran, Iran

2011: A one-day workshop on “Family Education”, Shahid Beheshti University of Medical Sciences, Tehran, Iran

2011: A one-day workshop on “Tests for Intelligence Assessment”, Shahid Beheshti University of Medical Sciences, Tehran, Iran

2009: A one-day workshop on “Research Methodology”, Shahid Beheshti University of Medical Sciences, Tehran, Iran

Workshops:

2018: A one-day workshop on “Cognitive Behavioral Therapy (CBT) for Obesity”, Shahid Beheshti University of Medical Sciences, Tehran, Iran

2016: A one-day workshop on “Alcohol Detoxification”, Shahid Beheshti University of Medical Sciences, Tehran, Iran

2016: A one-day workshop on “Psychiatric Consultation in General Hospital”, Shahid Beheshti University of Medical Sciences, Tehran, Iran

2014: A one-day workshop on “Detection and Treatment of Depression and Addiction”, Zahedan University of Medical Sciences, Zahedan, Iran

2012 – 2015: Three workshops on “Patient – Doctor Relationship”, EDC, Zahedan University of Medical Sciences, Zahedan, Iran

Articles:

- 1- **Shamsi A**, Khodaifar F, Arzaghi SM, Sarvghadi F, Ghazi A. *Is there any relationship between medication compliance and affective temperaments in patients with type 2 diabetes?*. Journal of Diabetes & Metabolic Disorders. 2014 Dec;13(1):96.
- 2- Moghadam MF, **Shamsi A**, Moro FH. *The prevalence of post-traumatic stress disorder among women with normal vaginal delivery in Zahedan city*. Archives of Psychiatry and Psychotherapy. 2015 Mar 1;1:15-9.

- 3- Hosseini PG, Homam SM, Hosseini PG, Badriahmadi N, **Shamsi A**. *The Causes of Secondary Epilepsy in Epileptic Patients Referred to Neurology Clinics of Mashhad Hospitals*. Shiraz E-Medical Journal. 2015 Oct;16(9-10).
- 4- Harati H, **Shamsi A**, Moghadam MF, Sadat F, Zadeh S, Ghazi A. *The mortality rate of patients with myocardial infarction and substance dependency in a coronary care unit in Zahedan, Iran*. Int J High Risk Behav Addict. 2015 Sep;4(3):e22576.
- 5- Amirifard H, Dahmardeh H, **Shamsi A**, Ansarimoghadam A, Ghmimogadam SY. *Examining the Prevalence of Depression and Anxiety in Patients with Chronic Headache Visiting Neurology Clinic of Imam Ali Hospital in Zahedan in 2015*. EXECUTIVE EDITOR. 2017 Apr;8(2):2263.
- 6- Beyraghi N, **Shamsi A**, Farrokhian A. *Detoxification of high-dose zolpidem using phenobarbital and gabapentin: two case reports*. Archives of Psychiatry and Psychotherapy. 2016 Dec 1;4:16-9.